

## URINE AND ORAL FLUID DRUG CLASS MATRIX COMPARISON

Other factors to consider: Dose, time of last dose, time of collection, and route of administration can cause varied results between matrices.

	URINE	ORAL FLUID
Benzodiazepines	Tend to see higher concentrations of metabolites. <sup>7</sup> Lipophilic compounds can extend detection windows but consider contributing factors such as BMI, metabolism, and genetic polymorphism. <sup>8</sup> - Lorazepam: excreted in the urine over a 5-day period as lorazepam glucuronide - Alprazolam: excreted within 72 hours, metabolite not available in prescription form - Clonazepam: excretion accounts for 49%-69% of a single dose; metabolite not available in prescription form	Tend to see higher concentrations of parent drugs. Unable to test for metabolites (7-aminoclonazepam, alpha- hydroxyalprazolam, nordiazepam) due to glucuronidation, polarity, and charge of drug which cannot passively diffuse into the oral cavity. <sup>1,7</sup> Shorter detection window (2-3 days)
Opioids	Detects parent drug and metabolites. Codeine (cutoff 50 ng/mL) is excreted in the urine upwards of 95% within 48 hours. Historical data can monitor for compliance or identify re-use.	Parent drug more prevalent and provides insight of recent dosing. Codeine cutoff 1ng/mL. Cannot detect metabolites noroxycodone, norhydrocodone. <sup>3</sup>
Illicit drugs	Methamphetamine <sup>*</sup> D/L isomer differentiates between the active and inactive forms: Dextro-methamphetamine and Levo-methamphetamine. - Only available in conjunction with a methamphetamine quantitative test	Methamphetamine D/L isomer not available. Fentanyl analog testing not available.
	Fentanyl analogs* are illicitly manufactured substances that are similar in chemical structure to fentanyl. They can be found mixed with other illicit drugs and counterfeit prescription pills with/without users' knowledge. The potency is often much higher than fentanyl.	Due to the lower pH of the oral cavity, coupled with the nature of most illicit drugs as weak bases, plasma and saliva pH difference can cause ion trapping of positively charged drugs in the oral cavity. This can result in increasing drug concentrations and may elongate the
	THCA lipophilic compound can be detected for several weeks for some chronic users. <sup>4</sup>	detection window in some circumstances. <sup>1,3,5,6,7</sup> Lower cutoff (2ng/mL) and tests for parent compound THC.
Alcohol*	Ethanol metabolites: Ethyl glucuronide (EtG) and ethyl sulfate (EtS) provide a detection window of up to 80 hours after consumption or exposure. <sup>2</sup>	Not Available

Superscript \* indicates a separate clinical bulletin is available with additional information.

A Precision Diagnostics trained Clinical Support Specialist can assist with further review of your patient's results

## (800) 635-6901 Option 2

References:

- 1. Allen, Keith R. (2011) Screening for drugs of abuse: which matrix, oral fluid or urine. Annals Clinical Biochemistry, 48, 531-541.
- 2. Baselt, Randall C., Disposition of Toxic Drugs and Chemicals in Man, 10th ed. Biomedical Publications, Seal Beach, CA. 2014; 781-785.
- 3. Bosker, Wendy M., and Marilyn A. Huestis. Oral fluid testing for drugs of abuse. Clinical chemistry 55.11 (2009): 1910-1931.
- 4. Department of Health and Human Services Substance Abuse and Mental Health Services Administration Center for Substance Abuse Prevention. Urine Specimen Collection Handbook for Federal Agency Workplace Drug Testing Programs. 2010. https://www.samhsa.gov/sites/default/files/workplace/MRO\_Manual\_2010\_100908.pdf
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- 7. Smiley, S., & Pesce, A. (2020). Comparison of methamphetamine detection in urine and oral fluid. In Toxicology Cases for the Clinical and Forensic Laboratory (pp. 501-503). Academic Press.
- 8. Verstraete, Allen G. (2004) Detection times of drugs of abuse in blood, urine, and oral fluid. Therapeutic Drug Monitoring, 26,200-205.

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